
Taco Salad Dip

Debby

Servings: 15

Preparation Time: 10 minutes

1 can refried beans
1 cup sour cream
8 ounces cream cheese, softened
1 package taco seasoning mix
1 teaspoon lemon juice
1 cup guacamole
1 cup salsa
1/2 large sweet pepper, chopped
1 small onion, chopped
1 small tomato, chopped
1 can black olives, sliced
2 cups cheddar cheese, shredded

Using a large deep pie plate, spread bottom with the can of refried beans. In a mixing bowl, mix softened cream cheese, sour cream, lemon juice, and taco seasoning until smooth and well mixed. Spread over the refried beans. Spread salsa over all. Then spread guacamole over all.

Mix chopped vegetables together with sliced black olives. Sprinkle over entire pie. Cover with shredded cheddar. Chill.

Serve with taco corn chips.

Appetizers, Christmas Party

Per Serving (excluding unknown items): 153 Calories; 11g Fat (61.7% calories from fat); 6g Protein; 9g Carbohydrate; 2g Dietary Fiber; 23mg Cholesterol; 425mg Sodium. Exchanges: 0 Grain(Starch); 1/2 Lean Meat; 1/2 Vegetable; 0 Fruit; 0 Non-Fat Milk; 2 Fat; 0 Other Carbohydrates.