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# Beef, Crockpot Nacho Dip

*debby*

*Cooks.com with some modifications*

Servings: 12

Preparation Time: 15 minutes

Start to Finish Time: 45 minutes

*easy for a crowd and really good*

*Original recipe calls for taco sauce instead of tomatoes. That's probably good, too, but this is excellent (but pretty spicy) with the Rotel.*

**1 1/2 pounds ground beef**

**1/4 cup taco seasoning mix, 1 envelope**

**1 can Rotel canned tomatoes with chiles**

**1 can refried beans**

**1 pound sour cream**

**2 cups shredded cheddar cheese**

Brown and drain ground beef.

Add taco seasoning, tomatoes, and refried beans. Simmer 15 minutes.

Layer this mixture with sour cream and cheese in crock pot.

Cook until cheese melts.

Serve with nacho chips

*Serving Ideas: party food*

**Appetizers, Beef, Crockpot Meals, Miscellaneous**

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*Per Serving (excluding unknown items): 358 Calories; 29g Fat (74.2% calories from fat); 17g Protein; 6g Carbohydrate; 1g Dietary Fiber; 85mg Cholesterol; 331mg Sodium. Exchanges: 1/2 Grain(Starch); 2 Lean Meat; 0 Non-Fat Milk; 4 1/2 Fat; 0 Other Carbohydrates.*